

# HOL 2019 Dale Skallerud Athletic Complex - 5/14/2019

## Women - Team Rankings - 18 Events Scored

1) Perham 168	2) Thief River Falls 100
3) Frazee 73	4) Barnsville 63
5) Dilworth-Glyndon-Felton 62	6) United Clay-Becker 42
7) Pelican Rapids 38	8) Breckenridge 12

## Men - Team Rankings - 18 Events Scored

1) Perham 158	2) Dilworth-Glyndon-Felton 150.50
3) Thief River Falls 55	4) Frazee 53
5) Breckenridge 40	6) United Clay-Becker 39.50
7) Pelican Rapids 33	8) Barnsville 29

## Girls 100 Meter Dash

Name Year School Finals Wind H#

### Finals

1	614	Johnson, Carley	11	Thief River	12.18	NWI	1
2	715	Danielson, Siri	11	United Clay-	12.58	NWI	1
3	181	Finseth, Katherine	12	Dilworth-Gly	12.62	NWI	1
4	593	Ballard, Elaina	10	Thief River	12.90	NWI	1
5	493	LaFond, Lizzy	11	Perham	12.96	NWI	1
6	530	Thiel, Willow	7	Perham	13.17	NWI	1
7	104	Meyer, McKynzie	10	Breckenridge	13.33	NWI	2
8	39	Smith, Emily	8	Barnsville	13.49	NWI	2
9	728	Koenig, McKenzie	11	United Clay-	13.61	NWI	2
10	18	Leverson, Kaitlyn	9	Barnsville	13.63	NWI	1
11	343	Selly, Hailey	7	Frazee	13.92	NWI	2
12	218	Pompe, Madalyn	10	Dilworth-Gly	13.94	NWI	2
13	33	Rietz, Emma	8	Barnsville	13.96	NWI	2
14	648	Wojciechowski, Che	9	Thief River	14.09	NWI	2
15	481	Doll, Ariana	7	Perham	14.13	NWI	1
16	815	Obermiller, Ava	United Clay-	14.29	NWI	3	
17	318	Hiemenz, Autumn	8	Frazee	14.44	NWI	2
18	95	Ihland, Emma	11	Breckenridge	14.75	NWI	3
19	329	Miller, Abbey	10	Frazee	14.86	NWI	3
20	431	Urbano, Yasareth	9	Pelican Rapi	15.01	NWI	3
21	185	Freier, Emily	9	Dilworth-Gly	15.12	NWI	3
22	107	Nicholson, Kaylin	10	Breckenridge	15.31	NWI	3
23	429	Urbano, Lissette	9	Pelican Rapi	16.50	NWI	3

## Girls 200 Meter Dash

Name Year School Finals Wind H#

1	614	Johnson, Carley	11	Thief River	25.77	NWI	1
2	520	Schultz, Mesa	12	Perham	26.76	NWI	1
3	181	Finseth, Katherine	12	Dilworth-Gly	26.94	NWI	1
4	334	Oswald, Paige	11	Frazee	27.43	NWI	1
5	35	Rustad, Sydney	9	Barnsville	27.59	NWI	1
6	338	Reierson, Ellie	10	Frazee	27.71	NWI	1
7	485	Hackel, Jaden	7	Perham	28.01	NWI	1
8	728	Koenig, McKenzie	11	United Clay-	28.25	NWI	2
9	537	Wunderlich, Mary	10	Perham	28.54	NWI	2
10	39	Smith, Emily	8	Barnsville	28.64	NWI	1
11	632	Olson, Jeanne	9	Thief River	28.76	NWI	3
12	78	Beyer, Lauren	9	Breckenridge	28.79	NWI	2
13	218	Pompe, Madalyn	10	Dilworth-Gly	29.18	NWI	2

14 98 Kaehler, Camryn 9 Breckenridge 29.22 NWI 3  
 15 648 Wojciechowski, Che 9 Thief River 29.26 NWI 2  
 16 6 Biewer, Rumely 8 Barnsville 29.28 NWI 2  
 17 209 Nelson, Kiersten 10 Dilworth-Gly 29.66 NWI 2  
 18 815 Obermiller, Ava United Clay- 30.18 NWI 3  
 19 408 Isaman, Kaylie 12 Pelican Rapi 30.69 NWI 3  
 20 749 Thompson, Kira 9 United Clay- 31.46 NWI 3  
 21 85 Davis, Christina 12 Breckenridge 32.44 NWI 3  
 21 345 Splonskowski, McKe 9 Frazee 32.44 NWI 3  
 23 429 Urbano, Lissette 9 Pelican Rapi 34.34 NWI 3

Girls 400 Meter Dash

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Name	Year	School	Finals	H#
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1	605	Finstad, Jerzie	11	Thief River	59.83	1
2	38	Schoenecker, Emily	9	Barnsville	1:02.71	1
3	181	Finseth, Katherine	12	Dilworth-Gly	1:03.59	1
4	754	Vetter, Maria	10	United Clay-	1:03.92	1
5	177	Dawson, Raegan	9	Dilworth-Gly	1:03.93	1
6	537	Wunderlich, Mary	10	Perham	1:04.23	1
7	83	Conzemius, Grace	10	Breckenridge	1:04.95	1
8	36	Schindler, Grace	11	Barnsville	1:04.97	2
9	734	Nelson, Bree	8	United Clay-	1:05.33	1
10	187	Gaytan, Isabelle	10	Dilworth-Gly	1:06.47	2
11	478	Covington, Trinity	8	Perham	1:06.60	3
12	78	Beyer, Lauren	9	Breckenridge	1:07.03	2
13	629	Nelson, Bela	11	Thief River	1:07.21	2
14	511	Pilgrim, Kennedy	7	Perham	1:08.61	3
15	616	Kezar, Josie	10	Thief River	1:08.81	2
16	405	Guler, Rachel	10	Pelican Rapi	1:09.41	2
17	33	Rietz, Emma	8	Barnsville	1:10.26	3
18	311	Christensen, Ally	12	Frazee	1:14.40	3
19	347	Wilkowski, Taylor	12	Frazee	1:14.76	3
20	345	Splonskowski, McKe	9	Frazee	1:18.09	3

Girls 800 Meter Run

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Name	Year	School	Finals	H#
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1	605	Finstad, Jerzie	11	Thief River	2:20.28	1
2	34	Rotz, Lindsey	7	Barnsville	2:23.11	1
3	418	Paulson, Chloe	10	Pelican Rapi	2:24.69	1
4	477	Covington, Caitlin	12	Perham	2:25.29	1
5	535	Wegscheid, Hailey	12	Perham	2:30.25	1
6	525	Strong, Stella	7	Perham	2:33.61	1
7	607	Harbott, Dru	8	Thief River	2:36.21	1
8	109	Rabbithead, Madiso	9	Breckenridge	2:38.14	1
9	404	Guler, Maddie	11	Pelican Rapi	2:40.33	1
10	232	Taves, Ashley	9	Dilworth-Gly	2:42.85	1
11	749	Thompson, Kira	9	United Clay-	2:43.23	1
12	735	Nelson, Taytum	8	United Clay-	2:44.22	1
13	636	Rantanen, Kendal	8	Thief River	2:45.64	1
14	12	Gray, Kenadee	7	Barnsville	2:48.53	1
15	726	Johnson, Gracie	9	United Clay-	2:54.23	1
16	44	Wacker, Tori	8	Barnsville	2:56.50	2
17	223	Rude, Alexis	7	Dilworth-Gly	3:13.19	2
18	350	Wothe, Madison	12	Frazee	3:18.86	2
19	347	Wilkowski, Taylor	12	Frazee	3:27.47	2

Girls 1600 Meter Run

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Name Year School Finals H#

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1 742 Rustad, Faith 9 United Clay- 5:33.85 1  
2 34 Rotz, Lindsey 7 Barnsville 5:35.57 1  
3 472 Birkeland, Liz 8 Perham 5:36.60 1  
4 424 Syverson, Abby 11 Pelican Rapi 5:38.64 1  
5 607 Harbott, Dru 8 Thief River 5:43.65 1  
6 470 Anderson, Quincy 8 Perham 5:45.25 1  
7 503 Morris, Mya 8 Perham 5:53.06 1  
8 735 Nelson, Taytum 8 United Clay- 5:54.60 1  
9 339 Riewer, Braylee 9 Frazee 6:13.43 1  
10 433 Williams, Lily 9 Pelican Rapi 6:14.20 1  
11 233 Tollefson, Isabell 10 Dilworth-Gly 6:26.52 1  
12 3 Askegard, Mya 8 Barnsville 6:26.79 1  
13 81 Bruce, Hailee 7 Breckenridge 6:36.10 1  
14 337 Ratz, Elsie 7 Frazee 6:37.69 1  
15 602 Espe, Maren 8 Thief River 6:42.17 1  
16 223 Rude, Alexis 7 Dilworth-Gly 6:47.62 2  
17 719 Gehrig, Jenna 10 United Clay- 6:48.08 2  
18 101 Lindblad, Kayley 12 Breckenridge 7:02.97 2  
19 597 Brickson, Eleanor 9 Thief River 7:32.38 2

Girls 3200 Meter Run

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Name Year School Finals

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1 314 Danielson, Megan 12 Frazee 12:09.35  
2 738 Peterson, Lily 9 United Clay- 12:28.72  
3 532 Tweeton, Abby 11 Perham 12:44.79  
4 534 Van Watermulen, Em 10 Perham 13:12.39  
5 499 Lung, Mia 7 Perham 13:20.69  
6 339 Riewer, Braylee 9 Frazee 13:48.52  
7 646 Westlund, Lexis 12 Thief River 13:59.59  
8 26 Pearson, Hadley 7 Barnsville 14:01.00  
9 186 Friend, Emma 9 Dilworth-Gly 14:51.66  
10 226 Sheeley, Maizey 10 Dilworth-Gly 15:00.63  
11 204 McRory, Ariel 12 Dilworth-Gly 15:17.86

Girls 100 Meter Hurdles

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Name Year School Finals Wind H#

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1 352 Ziegler, Paige 11 Frazee 15.33 NWI 1  
2 320 Johannsen, Jaryn 11 Frazee 15.60 NWI 1  
3 485 Hackel, Jaden 7 Perham 17.12 NWI 2  
4 595 Bernstein, Dominic 10 Thief River 17.16 NWI 1  
5 425 Thornton, Mackenzi 12 Pelican Rapi 17.32 NWI 1  
6 624 Mattison, Coral 11 Thief River 17.76 NWI 2  
7 519 Rustad, Lauryn 8 Perham 17.88 NWI 1  
7 21 Meyer, Claire 12 Barnsville 17.88 NWI 1  
9 331 Moore, Rylee 9 Frazee 18.21 NWI 1  
10 422 Stephenson, Tori 9 Pelican Rapi 18.39 NWI 2  
11 469 Aakre, Lily 8 Perham 18.72 NWI 2  
12 236 Waale, Annie 10 Dilworth-Gly 18.76 NWI 2  
13 178 Dufault, Tayla 10 Dilworth-Gly 18.77 NWI 2  
14 16 Jablonsky, Mathea 9 Barnsville 18.82 NWI 1  
15 592 Bakke, Brookie 8 Thief River 19.76 NWI 3  
16 13 Heising, Aleena 7 Barnsville 20.46 NWI 3  
17 75 Banken, Kaitlyn 10 Breckenridge 21.67 NWI 3  
18 228 Simmons, Paige 9 Dilworth-Gly 22.02 NWI 3  
19 97 Jirak, Mercedes 11 Breckenridge 22.71 NWI 3

Girls 300 Meter Hurdles

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Name	Year	School	Finals	H#
1 598	Brouse,	Brooklyn	10	Thief River 48.18 2
2 320	Johannsen,	Jaryn	11	Frazee 49.12 2
3 519	Rustad,	Lauryn	8	Perham 50.03 2
4 513	Richter,	Lacy	12	Perham 50.48 2
5 236	Waale,	Annie	10	Dilworth-Gly 51.99 2
6 425	Thornton,	Mackenzi	12	Pelican Rapi 52.36 2
7 336	Petron,	Olivia	8	Frazee 52.44 1
8 422	Stephenson,	Tori	9	Pelican Rapi 52.79 1
9 592	Bakke,	Brookie	8	Thief River 52.97 1
10 21	Meyer,	Claire	12	Barnsville 52.99 1
11 16	Jablonsky,	Mathea	9	Barnsville 53.51 2
12 595	Bernstein,	Dominic	10	Thief River 55.49 2
13 175	Critchley,	Allie	12	Dilworth-Gly 56.03 1
14 426	Thornton,	Mollie	8	Pelican Rapi 56.40 1
15 480	DeBoer,	Lily	10	Perham 1:04.59 1
16 97	Jirak,	Mercedes	11	Breckenridge 1:07.60 1

Girls 4x100 Meter Relay

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School	Finals
1	Thief River Falls 'A' 50.86
2	Frazee 'A' 52.00
3	Breckenridge 'A' 53.65
4	Barnsville 'A' 54.43
5	Pelican Rapids 'A' 55.17
6	Dilworth-Glyndon-Felton 'A' 55.64
7	Perham 'A' 56.34
8	United Clay-Becker 'A' 59.21

Girls 4x200 Meter Relay

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School	Finals
1	Perham 'A' 1:49.63
2	Frazee 'A' 1:50.10
3	Breckenridge 'A' 1:51.77
4	Thief River Falls 'A' 1:52.19
5	Barnsville 'A' 1:53.79
6	Pelican Rapids 'A' 1:57.80
7	Dilworth-Glyndon-Felton 'A' 1:59.40
8	United Clay-Becker 'A' 2:02.29

Girls 4x400 Meter Relay

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School	Finals
1	Thief River Falls 'A' 4:10.40
2	Perham 'A' 4:11.66
3	Pelican Rapids 'A' 4:11.69
4	United Clay-Becker 'A' 4:11.96
5	Dilworth-Glyndon-Felton 'A' 4:21.31
6	Barnsville 'A' 4:26.12
7	Breckenridge 'A' 4:29.96
8	Frazee 'A' 4:35.15

Girls 4x800 Meter Relay

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## School Finals

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- 1 Dilworth-Glyndon-Felton 'A' 10:05.23
  - 2 United Clay-Becker 'A' 10:13.63
  - 3 Perham 'A' 10:16.22
  - 4 Barnsville 'A' 11:09.24
  - 5 Thief River Falls 'A' 11:09.52
  - 6 Frazee 'A' 11:30.84
  - 7 Breckenridge 'A' 11:43.66

## Girls High Jump

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### Name Year School Finals

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- 1 41 Tschumperlin, Jord 10 Barnsville 5-02.00 1.57m
- 2 598 Brouse, Brooklyn 10 Thief River 5-00.00 1.52m
- 3 396 Berg, Riley 11 Pelican Rapi J5-00.00 1.52m
- 4 624 Mattison, Coral 11 Thief River J5-00.00 1.52m
- 5 331 Moore, Rylee 9 Frazee 4-10.00 1.47m
- 6 421 Stephenson, Anna 10 Pelican Rapi J4-10.00 1.47m
- 7 83 Conzemius, Grace 10 Breckenridge J4-10.00 1.47m
- 8 485 Hackel, Jaden 7 Perham J4-10.00 1.47m
- 9 530 Thiel, Willow 7 Perham 4-08.00 1.42m
- 9 29 Poppel, Jenna 11 Barnsville 4-08.00 1.42m
- 11 343 Selly, Hailey 7 Frazee 4-06.00 1.37m
- 11 426 Thornton, Mollie 8 Pelican Rapi 4-06.00 1.37m
- 13 492 Lachowitz, Kate 10 Perham 4-04.00 1.32m
- 13 640 Stephens, Katelyn 9 Thief River 4-04.00 1.32m
- 15 200 Lizotte, Mikah 10 Dilworth-Gly 4-02.00 1.27m

## Girls Pole Vault

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### Name Year School Finals

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- 1 486 Hokanson, Ashley 12 Perham 11-06.00 3.50m
- 2 494 Lipp, Shalie 11 Perham 11-00.00 3.35m
- 3 516 Rohloff, Mackenzie 11 Perham 9-00.00 2.74m
- 4 209 Nelson, Kiersten 10 Dilworth-Gly 8-06.00 2.59m
- 5 178 Dufault, Tayla 10 Dilworth-Gly 8-00.00 2.43m
- 6 167 Arends, Gracie 11 Dilworth-Gly 7-06.00 2.28m
- 7 40 Spilde, Emily 12 Barnsville 7-00.00 2.13m
- 8 350 Wothe, Madison 12 Frazee 6-00.00 1.82m
- 8 325 Lawrence, Tiffany 9 Frazee 6-00.00 1.82m
- 8 603 Espe, Reagan 12 Thief River 6-00.00 1.82m
- 8 19 Maesse, Kimberly 10 Barnsville 6-00.00 1.82m
- 8 595 Bernstein, Dominic 10 Thief River 6-00.00 1.82m
- 8 324 Lawrence, Cassie 11 Frazee 6-00.00 1.82m
- 8 12 Gray, Kenadee 7 Barnsville 6-00.00 1.82m

## Girls Long Jump

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### Name Year School Finals Wind

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- 1 520 Schultz, Mesa 12 Perham 16-07.50 NWI 5.06m
- 2 334 Oswald, Paige 11 Frazee 16-01.00 NWI 4.90m
- 3 38 Schoenecker, Emily 9 Barnsville 15-11.00 NWI 4.85m
- 4 181 Finseth, Katherine 12 Dilworth-Gly 15-09.00 NWI 4.80m
- 5 494 Lipp, Shalie 11 Perham 15-07.00 NWI 4.74m
- 6 39 Smith, Emily 8 Barnsville 15-00.00 NWI 4.57m
- 7 86 Finkral, Riley 9 Breckenridge 14-08.00 NWI 4.47m
- 8 109 Rabbithead, Madiso 9 Breckenridge 14-07.00 NWI 4.44m
- 9 338 Reiersen, Ellie 10 Frazee 14-06.50 NWI 4.43m

10 420 Seifert, Larissa 12 Pelican Rapi 14-06.00 NWI 4.41m  
 10 21 Meyer, Claire 12 Barnsville 14-06.00 NWI 4.41m  
 12 646 Westlund, Lexis 12 Thief River 14-02.00 NWI 4.31m  
 13 517 Rooney, Natalie 8 Perham 13-07.00 NWI 4.14m  
 14 95 Ihland, Emma 11 Breckenridge 13-03.50 NWI 4.05m  
 15 632 Olson, Jeanne 9 Thief River 12-06.00 NWI 3.81m  
 16 218 Pompe, Madalyn 10 Dilworth-Gly 12-05.00 NWI 3.78m  
 17 329 Miller, Abbey 10 Frazee 12-03.50 NWI 3.74m

#### Girls Triple Jump

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Name Year School Finals Wind

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1 493 LaFond, Lizzy 11 Perham 33-04.00 NWI 10.16m  
 2 537 Wunderlich, Mary 10 Perham 32-06.00 NWI 9.90m  
 3 41 Tschumperlin, Jord 10 Barnsville 32-05.00 NWI 9.88m  
 4 331 Moore, Rylee 9 Frazee 32-04.00 NWI 9.85m  
 5 494 Lipp, Shalie 11 Perham 32-02.00 NWI 9.80m  
 6 593 Ballard, Elaina 10 Thief River 31-10.50 NWI 9.71m  
 7 320 Johannsen, Jaryn 11 Frazee 31-06.00 NWI 9.60m  
 8 21 Meyer, Claire 12 Barnsville 30-11.00 NWI 9.42m  
 9 35 Rustad, Sydney 9 Barnsville 30-08.00 NWI 9.34m  
 10 93 Held, Jude 10 Breckenridge 30-03.00 NWI 9.22m  
 11 212 Olson, Casey 10 Dilworth-Gly 30-01.00 NWI 9.16m  
 12 199 Lizotte, Eve 12 Dilworth-Gly 29-07.50 NWI 9.02m  
 13 219 Rames, Grace 11 Dilworth-Gly 29-03.00 NWI 8.91m  
 13 424 Syverson, Abby 11 Pelican Rapi 29-03.00 NWI 8.91m  
 15 648 Wojciechowski, Che 9 Thief River 28-11.00 NWI 8.81m  
 16 632 Olson, Jeanne 9 Thief River 28-03.00 NWI 8.61m  
 17 425 Thornton, Mackenzi 12 Pelican Rapi 27-11.00 NWI 8.50m  
 18 85 Davis, Christina 12 Breckenridge 27-05.00 NWI 8.35m  
 19 109 Rabbithead, Madiso 9 Breckenridge 26-10.00 NWI 8.17m  
 20 315 Erickson, Ellie 8 Frazee 26-08.50 NWI 8.14m

#### Girls Shot Put

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Name Year School Finals

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1 487 Ingebrand, Maggie 12 Perham 38-01.00 11.60m  
 2 192 Hellerud, Emma 9 Dilworth-Gly 32-01.50 9.79m  
 3 504 Muer, Rachel 12 Perham 31-07.00 9.62m  
 4 428 Torres, Karina 9 Pelican Rapi 31-06.00 9.60m  
 5 2 Anderson, Kya 11 Barnsville 31-03.00 9.52m  
 6 427 Torres, Adriana 12 Pelican Rapi 29-08.00 9.04m  
 7 215 Oswald, Alyssa 9 Dilworth-Gly 29-04.00 8.94m  
 8 474 Charboneau, Samant 11 Perham 29-03.00 8.91m  
 9 319 Hoehne, Abby 12 Frazee 28-06.50 8.69m  
 10 317 Gabrielson, Talia 11 Frazee 27-10.00 8.48m  
 11 200 Lizotte, Mikah 10 Dilworth-Gly 27-01.00 8.25m  
 11 621 Knott, Elaina 11 Thief River 27-01.00 8.25m  
 13 753 Todd, Kaitlyn 10 United Clay- 26-05.00 8.05m  
 13 114 Udem, Victoria 9 Breckenridge 26-05.00 8.05m  
 15 351 Wutzke, Mackenzie 12 Frazee 26-00.00 7.92m  
 16 397 Erdman, Alyce 12 Pelican Rapi 25-11.00 7.89m  
 17 27 Pederson, Alivia 10 Barnsville 24-10.50 7.58m  
 18 112 Snobl, Mikayla 11 Breckenridge 24-02.50 7.37m  
 19 99 Larson, Madelyn 11 Breckenridge 24-02.00 7.36m  
 19 730 Leno, Chloe 12 United Clay- 24-02.00 7.36m  
 21 647 Wilson, Mercedes 12 Thief River 22-04.00 6.80m  
 22 603 Espe, Reagan 12 Thief River 20-09.00 6.32m  
 23 15 Hurtado Martin, CI 10 Barnsville 20-00.50 6.10m  
 24 720 Gehrig, Mia 11 United Clay- 18-09.00 5.71m

## Girls Discus Throw

### Name Year School Finals

1 508 Parks, Tayler 12 Perham 98-09 30.09m  
2 474 Charboneau, Samant 11 Perham 98-08 30.07m  
3 192 Hellerud, Emma 9 Dilworth-Gly 94-03 28.72m  
4 427 Torres, Adriana 12 Pelican Rapi 91-05 27.86m  
5 215 Oswald, Alyssa 9 Dilworth-Gly 90-05 27.55m  
6 24 Passa, Elora 12 Barnsville 89-09 27.35m  
7 14 Herman, Tessa 12 Barnsville 87-04.50 26.63m  
8 319 Hoehne, Abby 12 Frazee 85-04 26.00m  
9 397 Erdman, Alyce 12 Pelican Rapi 84-04 25.70m  
10 428 Torres, Karina 9 Pelican Rapi 83-06 25.45m  
11 753 Todd, Kaitlyn 10 United Clay- 81-05 24.81m  
12 77 Belcourt, Mallory 12 Breckenridge 75-08 23.06m  
13 647 Wilson, Mercedes 12 Thief River 75-02 22.91m  
14 344 Shipman, Cassidy 12 Frazee 72-03 22.02m  
15 74 Anderson, Rachel 12 Breckenridge 71-10 21.89m  
16 114 Udem, Victoria 9 Breckenridge 71-07 21.81m  
17 200 Lizotte, Mikah 10 Dilworth-Gly 69-01 21.05m  
18 504 Muer, Rachel 12 Perham 68-10 20.98m  
19 621 Knott, Elaina 11 Thief River 68-05 20.85m  
20 351 Wutzke, Mackenzie 12 Frazee 61-04 18.69m  
21 5 Biewer, Emerson 11 Barnsville 60-00 18.28m  
22 603 Espe, Reagan 12 Thief River 54-04.50 16.57m  
23 708 Berg, Halle 11 United Clay- 53-03 16.23m  
24 730 Leno, Chloe 12 United Clay- 45-05 13.84m

## Boys 100 Meter Dash

### Name Year School Finals Wind H#

1 303 Wang, Justin 10 Dilworth-Gly 11.29 NWI 1  
1 667 King, Robbie 12 Thief River 11.29 NWI 1  
3 56 Morgan, Jacob 12 Barnsville 11.36 NWI 1  
4 307 Winter, Brady 11 Dilworth-Gly 11.47 NWI 1  
5 118 Bakken, Samuel 12 Breckenridge 11.55 NWI 1  
6 800 Skjold, Shawn 11 United Clay- 11.57 NWI 1  
7 570 Lysne, Dylan 11 Perham 11.66 NWI 3  
8 679 Mendoca, Leo 11 Thief River 11.82 NWI 2  
9 52 Heng, Cameron 9 Barnsville 11.88 NWI 2  
10 386 Petron, Christian 10 Frazee 11.89 NWI 1  
11 767 Flores, Brendon 12 United Clay- 11.92 NWI 2  
12 300 Verdi, Donovan 9 Dilworth-Gly 11.94 NWI 2  
13 363 Degroat, Caleb 12 Frazee 11.95 NWI 2  
14 50 Detloff, Nick 12 Barnsville 12.05 NWI 1  
15 584 Siira, Ethan 11 Perham 12.08 NWI 3  
16 676 Lundgren, Alexande 10 Thief River 12.14 NWI 2  
17 549 Cummings, Jaden 11 Perham 12.19 NWI 3  
18 392 Vinton, Gavin 10 Frazee 12.22 NWI 2  
19 803 Strehlow, Alex 12 United Clay- 12.42 NWI 2  
20 153 Mertes, James 9 Breckenridge 12.55 NWI 3  
21 161 Snyder, Jake 12 Breckenridge 13.25 NWI 3

## Boys 200 Meter Dash

### Name Year School Finals Wind H#

1 303 Wang, Justin 10 Dilworth-Gly 22.72 NWI 1  
2 257 Finseth, Joshua 9 Dilworth-Gly 22.83 NWI 1

3 56 Morgan, Jacob 12 Barnsville 23.07 NWI 1  
 4 394 Wutzke, Caleb 12 Frazee 23.28 NWI 1  
 5 667 King, Robbie 12 Thief River 23.60 NWI 1  
 6 299 Tucker, Logan 11 Dilworth-Gly 23.84 NWI 1  
 7 157 Randall, Michael 12 Breckenridge 23.95 NWI 1  
 8 366 Flynn, George 9 Frazee 24.10 NWI 2  
 9 556 Hackel, Colton 9 Perham 24.13 NWI 1  
 10 767 Flores, Brendon 12 United Clay- 24.67 NWI 2  
 11 363 Degroat, Caleb 12 Frazee 24.79 NWI 2  
 12 781 KeenanSyverson, Ka 11 United Clay- 25.09 NWI 2  
 13 676 Lundgren, Alexande 10 Thief River 25.10 NWI 2  
 14 539 Aakre, Carter 11 Perham 25.12 NWI 2  
 15 572 McMartin, Grant 10 Perham 25.36 NWI 3  
 16 154 Nieto, Christian 10 Breckenridge 25.44 NWI 3  
 17 663 Hyland, Anthony 11 Thief River 25.89 NWI 3  
 18 66 Spillum, David 7 Barnsville 25.90 NWI 3  
 19 783 Klages, Dylan 9 United Clay- 26.01 NWI 3  
 20 156 Porter, Nathan 9 Breckenridge 26.60 NWI 3

Boys 400 Meter Dash

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Name Year School Finals H#

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1 257 Finseth, Joshua 9 Dilworth-Gly 51.47 1  
 2 673 Lubarski, Kody 11 Thief River 51.77 1  
 3 812 Vetter, Jacob 12 United Clay- 51.96 1  
 4 298 Taves, Dylan 12 Dilworth-Gly 54.00 1  
 5 568 LaFond, John 12 Perham 54.51 1  
 6 650 Bakken, Kaden 10 Thief River 55.44 1  
 7 439 Centeno, Sebastian 9 Pelican Rapi 55.61 1  
 8 666 Johnson, Myles 12 Thief River 55.65 1  
 9 781 KeenanSyverson, Ka 11 United Clay- 56.25 2  
 10 389 Selly, Dylan 9 Frazee 56.88 3  
 11 63 Roller, Wyatt 10 Barnsville 57.02 2  
 12 363 Degroat, Caleb 12 Frazee 59.10 2  
 13 586 Vana, Tomas 11 Perham 59.65 2  
 14 276 Kerr, Mason 9 Dilworth-Gly 59.77 2  
 15 804 Strehlow, Xavier 9 United Clay- 59.96 3  
 16 569 Lorentz, Aaron 11 Perham 1:03.35 3  
 17 379 Keeping, Jayden 9 Frazee 1:04.24 2

Boys 800 Meter Run

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Name Year School Finals H#

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1 571 McCleary, Jacob 9 Perham 2:02.21 1  
 2 136 Gowin, Hunter 12 Breckenridge 2:02.60 1  
 3 544 Belka, Chase 11 Perham 2:04.40 1  
 4 438 Centeno, Alfredo 12 Pelican Rapi 2:04.97 1  
 5 265 Gulseth, Alec 11 Dilworth-Gly 2:06.87 1  
 6 276 Kerr, Mason 9 Dilworth-Gly 2:08.42 1  
 7 450 Johnston, David 11 Pelican Rapi 2:08.80 1  
 8 575 O' Hara, Brandon 11 Perham 2:09.07 1  
 9 354 Beck, Alex 10 Frazee 2:13.08 1  
 10 364 Erickson, Colby 10 Frazee 2:15.95 1  
 11 671 Lizakowski, Jayce 12 Thief River 2:17.64 1  
 12 295 Steen, Bradyn 11 Dilworth-Gly 2:20.09 1  
 13 696 Ryba, Austin 11 Thief River 2:21.76 1  
 14 778 Johnson, Bailey 12 United Clay- 2:22.04 1  
 15 155 Perez, Francisco 10 Breckenridge 2:23.91 1  
 16 691 Powell, Chris 12 Thief River 2:27.88 1  
 17 790 Mikkelson, Gavin 12 United Clay- 2:31.40 2



18 382 Lehman, Skylure 9 Frazee 2:33.72 2  
19 148 Johnson, Jack 9 Breckenridge 2:34.55 2

Boys 1600 Meter Run

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Name	Year	School	Finals	H#
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1	575	O' Hara, Brandon	11 Perham	4:31.56 1
2	571	McCleary, Jacob	9 Perham	4:34.02 1
3	540	Anderson, Clayton	12 Perham	4:41.17 1
4	142	Haire, Zach	12 Breckenridge	4:43.20 1
5	671	Lizakowski, Jayce	12 Thief River	4:55.78 1
6	381	Larsen, Grady	11 Frazee	4:57.02 1
7	378	Johannsen, Nathan	9 Frazee	5:04.74 1
8	249	Dawson, Cade	11 Dilworth-Gly	5:08.35 1
9	264	Grubb, Logan	10 Dilworth-Gly	5:20.63 1
10	692	Prybil, Carter	10 Thief River	5:21.81 1
11	152	Mammenga, Logan	10 Breckenridge	5:25.46 1
12	302	Walz, Christopher	12 Dilworth-Gly	5:29.95 1
13	57	Nielson, Jack	9 Barnsville	5:30.62 1
14	143	Hansen, Andrew	10 Breckenridge	5:40.87 1
15	756	Beaudine-Schlick,	11 United Clay-	5:52.07 1
16	670	Liedberg, Nolan	9 Thief River	5:56.95 2
17	787	Lewis, Zeb	10 United Clay-	6:31.03 2
18	54	LeNoue, Jonah	12 Barnsville	6:34.02 2

Boys 3200 Meter Run

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Name	Year	School	Finals
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1	142	Haire, Zach	12 Breckenridge 10:07.95
2	553	Evenson, Bailey	11 Perham 10:11.40
3	540	Anderson, Clayton	12 Perham 10:18.18
4	357	Carlson, Christian	10 Frazee 10:22.47
5	590	Young, Tesfaye	8 Perham 10:42.15
6	381	Larsen, Grady	11 Frazee 10:58.78
7	675	Lund, Braydin	7 Thief River 11:02.60
8	262	Grawe, Gabe	11 Dilworth-Gly 11:21.59
9	263	Gray, Chandler	9 Dilworth-Gly 11:27.97
10	270	Jesme, Oliver	9 Dilworth-Gly 11:34.62
11	801	Smigelsky, Korey	10 United Clay- 11:35.38
12	780	Johnson, Taylor	8 United Clay- 11:40.17
13	779	Johnson, Masyn	11 United Clay- 12:17.57
14	672	Lovejoy, Landen	9 Thief River 13:16.33

Boys 110 Meter Hurdles

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Name	Year	School	Finals	Wind	H#
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1	583	Scheidecker, Isaac	12 Perham	15.04	NWI 1
2	368	Geifer, Joby	12 Frazee	15.23	NWI 1
3	288	Ring, Keaton	11 Dilworth-Gly	15.61	NWI 1
4	789	Magnusson, Hunter	12 United Clay-	16.05	NWI 1
5	290	Schwehr, Peyton	12 Dilworth-Gly	16.12	NWI 1
6	160	Snobl, Austin	12 Breckenridge	16.17	NWI 1
7	291	Schwehr, Tanner	10 Dilworth-Gly	16.82	NWI 2
8	693	Quick, Daniel	11 Thief River	17.03	NWI 1
9	578	Perry, Dakota	11 Perham	17.84	NWI 2
10	539	Aakre, Carter	11 Perham	18.45	NWI 2
11	651	Biermaier, Blake	10 Thief River	19.06	NWI 2
12	60	Rehder, Nate	12 Barnsville	19.17	NWI 2
13	674	Lubarski, Nolan	9 Thief River	20.59	NWI 2

Boys 300 Meter Hurdles

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Name Year School Finals H#  
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- 1 789 Magnusson, Hunter 12 United Clay- 40.36 1
- 2 693 Quick, Daniel 11 Thief River 41.71 1
- 3 288 Ring, Keaton 11 Dilworth-Gly 41.78 1
- 4 368 Geifer, Joby 12 Frazee 43.19 1
- 5 160 Snobl, Austin 12 Breckenridge 44.27 1
- 6 651 Biermaier, Blake 10 Thief River 44.52 2
- 7 291 Schwehr, Tanner 10 Dilworth-Gly 44.73 2
- 8 463 Thach, Tommy 10 Pelican Rapi 45.59 1
- 9 290 Schwehr, Peyton 12 Dilworth-Gly 45.67 1
- 10 574 Morris, Elijah 10 Perham 46.44 1
- 11 539 Aakre, Carter 11 Perham 47.20 2
- 12 393 Winn, Sam 10 Frazee 48.08 2
- 13 547 Bormann, Caden 11 Perham 48.51 2
- 14 378 Johannsen, Nathan 9 Frazee 51.62 2
- 15 674 Lubarski, Nolan 9 Thief River 52.36 2

Boys 4x100 Meter Relay

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School Finals  
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- 1 Dilworth-Glyndon-Felton 'A' 45.96
- 2 Perham 'A' 46.72
- 3 Frazee 'A' 47.30
- 4 United Clay-Becker 'A' 47.62
- 5 Barnsville 'A' 48.02
- 6 Thief River Falls 'A' 48.11
- 7 Pelican Rapids 'A' 50.35
- Breckenridge 'A' DQ

Boys 4x200 Meter Relay

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School Finals  
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- 1 Perham 'A' 1:35.17
- 2 Thief River Falls 'A' 1:35.20
- 3 Dilworth-Glyndon-Felton 'A' 1:35.61
- 4 Frazee 'A' 1:36.76
- 5 Breckenridge 'A' 1:38.64
- 6 Pelican Rapids 'A' 1:40.01
- 7 Barnsville 'A' 1:42.02
- 8 United Clay-Becker 'A' 1:45.36

Boys 4x400 Meter Relay

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School Finals  
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- 1 Perham 'A' 3:33.76
- 2 Dilworth-Glyndon-Felton 'A' 3:33.95
- 3 United Clay-Becker 'A' 3:34.35
- 4 Thief River Falls 'A' 3:38.86
- 5 Pelican Rapids 'A' 3:41.90
- 6 Frazee 'A' 3:50.44
- 7 Breckenridge 'A' 3:55.94
- 8 Barnsville 'A' 4:07.68

Boys 4x800 Meter Relay

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School Finals

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- 1 Perham 'A' 8:32.32
  - 2 Dilworth-Glyndon-Felton 'A' 8:40.77
  - 3 Frazee 'A' 8:54.00
  - 4 Pelican Rapids 'A' 8:54.97
  - 5 Breckenridge 'A' 9:13.74
  - 6 United Clay-Becker 'A' 9:17.84
  - 7 Thief River Falls 'A' 9:19.83
  - 8 Barnsville 'A' 9:59.66

Boys High Jump

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Name Year School Finals

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- 1 461 Sytsma, Eli 12 Pelican Rapi 5-09.00 1.75m
- 2 574 Morris, Elijah 10 Perham 5-07.00 1.70m
- 3 368 Geifer, Joby 12 Frazee J5-07.00 1.70m
- 4 290 Schwehr, Peyton 12 Dilworth-Gly 5-05.00 1.65m
- 5 281 Manston, Brayden 9 Dilworth-Gly J5-05.00 1.65m
- 5 808 Tibbetts, Derek 8 United Clay- J5-05.00 1.65m
- 7 255 Ewen, Jacob 11 Dilworth-Gly J5-05.00 1.65m
- 8 55 Mark, Joey 10 Barnsville 5-03.00 1.60m
- 8 378 Johannsen, Nathan 9 Frazee 5-03.00 1.60m
- 10 439 Centeno, Sebastian 9 Pelican Rapi 5-01.00 1.54m
- 10 804 Strehlow, Xavier 9 United Clay- 5-01.00 1.54m
- 10 125 Conzemius, Anthony 10 Breckenridge 5-01.00 1.54m
- 10 385 Parsons, Jonathon 9 Frazee 5-01.00 1.54m

Boys Pole Vault

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Name Year School Finals

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- 1 665 Johnson, Cole 11 Thief River 12-00.00 3.65m
- 2 253 Edeen, Ben 11 Dilworth-Gly 11-06.00 3.50m
- 3 581 Richter, Levi 9 Perham J11-06.00 3.50m
- 4 437 Brosowske, Zane 12 Pelican Rapi 11-00.00 3.35m
- 5 60 Rehder, Nate 12 Barnsville 10-06.00 3.20m
- 6 303 Wang, Justin 10 Dilworth-Gly 9-06.00 2.89m
- 7 539 Aakre, Carter 11 Perham J9-06.00 2.89m
- 7 562 Kasowski, Karter 9 Perham J9-06.00 2.89m
- 9 159 Schuler, Sawyer 10 Breckenridge 9-00.00 2.74m
- 10 671 Lizakowski, Jayce 12 Thief River 8-00.00 2.43m
- 10 376 Isola, Seth 11 Frazee 8-00.00 2.43m
- 10 463 Thach, Tommy 10 Pelican Rapi 8-00.00 2.43m

Boys Long Jump

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Name Year School Finals Wind

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- 1 583 Scheidecker, Isaac 12 Perham 19-11.50 NWI 6.08m
- 2 257 Finseth, Joshua 9 Dilworth-Gly 19-06.00 NWI 5.94m
- 3 800 Skjold, Shawn 11 United Clay- 19-03.50 NWI 5.88m
- 4 365 Fleisher, Cole 11 Frazee 18-10.50 NWI 5.75m
- 5 118 Bakken, Samuel 12 Breckenridge 18-09.25 NWI 5.72m
- 6 665 Johnson, Cole 11 Thief River 18-08.00 NWI 5.68m
- 7 556 Hackel, Colton 9 Perham 18-06.50 NWI 5.65m
- 8 255 Ewen, Jacob 11 Dilworth-Gly 18-00.75 NWI 5.50m
- 9 374 Hiemenz, Kaden 10 Frazee 18-00.00 NWI 5.48m
- 10 272 Johnson, Cameron 11 Dilworth-Gly 17-10.00 NWI 5.43m
- 11 52 Heng, Cameron 9 Barnsville 17-08.25 NWI 5.39m
- 12 389 Selly, Dylan 9 Frazee 17-06.25 NWI 5.34m

13 554 Frohling, Quentin 9 Perham 17-04.00 NWI 5.28m  
 14 137 Gowin, Sawyer 12 Breckenridge 16-08.75 NWI 5.09m  
 15 673 Lubarski, Kody 11 Thief River 16-08.50 NWI 5.09m  
 16 56 Morgan, Jacob 12 Barnsville 16-07.75 NWI 5.07m  
 17 803 Strehlow, Alex 12 United Clay- 15-08.00 NWI 4.77m  
 18 797 Perala, Zakary 10 United Clay- 15-05.50 NWI 4.71m  
 19 572 McMartin, Grant 10 Perham 15-04.25 NWI 4.67m  
 20 691 Powell, Chris 12 Thief River 15-04.00 NWI 4.67m  
 -- 160 Snobl, Austin 12 Breckenridge ND NWI

### Boys Triple Jump

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Name Year School Finals Wind

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1 257 Finseth, Joshua 9 Dilworth-Gly 40-02.50 NWI 12.25m  
 2 461 Sytsma, Eli 12 Pelican Rapi 39-08.00 NWI 12.09m  
 3 570 Lysne, Dylan 11 Perham 39-03.25 NWI 11.96m  
 4 365 Fleisher, Cole 11 Frazee 38-05.25 NWI 11.71m  
 5 568 LaFond, John 12 Perham 37-07.25 NWI 11.46m  
 6 55 Mark, Joey 10 Barnsville 37-00.50 NWI 11.29m  
 7 272 Johnson, Cameron 11 Dilworth-Gly 35-09.25 NWI 10.90m  
 8 295 Steen, Bradyn 11 Dilworth-Gly 35-04.00 NWI 10.76m  
 9 366 Flynn, George 9 Frazee 34-11.00 NWI 10.64m  
 10 567 Kostynick, Connor 9 Perham 34-10.00 NWI 10.61m  
 11 437 Brosowske, Zane 12 Pelican Rapi 34-09.00 NWI 10.59m  
 12 47 Bredman, Braeden 8 Barnsville 34-05.25 NWI 10.49m  
 13 134 Finkral, James 11 Breckenridge 34-04.50 NWI 10.47m  
 14 125 Conzemius, Anthony 10 Breckenridge 33-08.50 NWI 10.27m  
 15 663 Hyland, Anthony 11 Thief River 33-06.25 NWI 10.21m  
 16 678 Mauch, Isaac 8 Thief River 33-00.00 NWI 10.05m  
 17 155 Perez, Francisco 10 Breckenridge 31-10.00 NWI 9.70m

### Boys Shot Put

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Name Year School Finals

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1 244 Anderson, Bryce 12 Dilworth-Gly 50-07.00 15.41m  
 2 566 Kostynick, Colton 12 Perham 45-08.00 13.91m  
 3 49 Camperud, Damian 11 Barnsville 44-04.50 13.52m  
 4 147 Johnson, Gavin 10 Breckenridge 40-05.50 12.33m  
 5 135 Fredericksen, Cart 12 Breckenridge 40-05.00 12.31m  
 6 277 Kohler, Joey 12 Dilworth-Gly 39-11.50 12.17m  
 7 562 Kasowski, Karter 9 Perham 39-09.00 12.11m  
 8 567 Kostynick, Connor 9 Perham 37-11.50 11.56m  
 9 684 Perkovich, Luke 12 Thief River 37-06.00 11.43m  
 10 775 Jacobson, John 10 United Clay- 36-10.00 11.22m  
 11 446 Haugrud, Nick 9 Pelican Rapi 36-05.00 11.09m  
 12 294 St.Claire, Aaron 10 Dilworth-Gly 36-04.50 11.08m  
 13 434 Ballard, Noah 11 Pelican Rapi 35-05.00 10.79m  
 14 360 Cottrell, Ian 9 Frazee 34-01.00 10.38m  
 15 393 Winn, Sam 10 Frazee 33-11.00 10.33m  
 16 144 Hasbargen, Gus 10 Breckenridge 32-07.50 9.94m  
 17 369 Hanebuth, Micah 11 Frazee 32-06.00 9.90m  
 18 59 Poepping, Jackson 12 Barnsville 32-00.00 9.75m  
 19 699 Torstveit, Blaine 9 Thief River 31-11.00 9.72m  
 20 62 Robideau, Jonny 8 Barnsville 31-07.00 9.62m  
 21 668 Leake, Ayden 11 Thief River 28-02.50 8.59m  
 22 776 Jacobson, Samuel 9 United Clay- 27-09.00 8.45m  
 23 445 Hart, Hayden 9 Pelican Rapi 22-09.00 6.93m

### Boys Discus Throw

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Name Year School Finals

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1 566 Kostynick, Colton 12 Perham 144-09 44.11m  
2 244 Anderson, Bryce 12 Dilworth-Gly 136-06 41.60m  
3 49 Camperud, Damian 11 Barnsville 125-09.50 38.34m  
4 272 Johnson, Cameron 11 Dilworth-Gly 123-10 37.74m  
5 578 Perry, Dakota 11 Perham 113-08 34.64m  
6 123 Christensen, Jonah 10 Breckenridge 112-06.50 34.30m  
7 567 Kostynick, Connor 9 Perham 110-04.50 33.64m  
8 135 Fredericksen, Cart 12 Breckenridge 109-04 33.32m  
9 814 Wolbeck, Cody 11 United Clay- 108-02 32.96m  
10 59 Poepping, Jackson 12 Barnsville 100-07 30.65m  
11 446 Haugrud, Nick 9 Pelican Rapi 100-01.50 30.51m  
12 253 Edeen, Ben 11 Dilworth-Gly 98-11 30.14m  
13 434 Ballard, Noah 11 Pelican Rapi 97-05 29.69m  
14 149 Krump, Ben 10 Breckenridge 88-09.50 27.06m  
15 775 Jacobson, John 10 United Clay- 84-01 25.62m  
16 369 Hanebuth, Micah 11 Frazee 83-05 25.42m  
17 684 Perkovich, Luke 12 Thief River 82-09.50 25.23m  
18 658 Engebretson, Taylo 9 Thief River 80-02 24.43m  
19 62 Robideau, Jonny 8 Barnsville 75-08 23.06m  
20 449 Johnston, Billy 10 Pelican Rapi 72-11.50 22.23m  
21 360 Cottrell, Ian 9 Frazee 71-01 21.66m  
22 782 Keeping, Carson 10 United Clay- 70-01 21.36m  
23 393 Winn, Sam 10 Frazee 69-01 21.05m  
24 668 Leake, Ayden 11 Thief River 67-04 20.52m